

JCC LARGE POOL SCHEDULE

JANUARY-MAY 2016

All lanes open unless otherwise noted

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pool opens 7:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 8 am Winter Swim Lessons January 3-March 10 Spring Swim Lessons March 13-May 26
7:45 am-Noon Swim Teams Open Lanes (3)	9 -9:45 am Aqua Fit Open Lanes (5)		9 -9:45 am Aqua Fit Open Lanes (5)		9 -9:45 am Aqua Fit Open Lanes (5)	No Swim Lessons: March 27-31 and April 24-28
						Holiday Hours January 1, 2016: 8 am-2 pm Passover Friday, April 22: Close at 5 pm Saturday, April 23: Closed Sunday, April 24: Centerfit open 8 am-6 pm Thursday, April 28: Close at 5 pm Friday, April 29: Closed Saturday, April 30: Centerfit open 8 am-6 pm
Noon-2 pm Group Lessons Open Lanes (6)						Memorial Day Monday, May 30 Centerfit open 8 am-2 pm
4-5 pm FEMALE ONLY SWIM				4-5 pm Group Lessons Open Lanes (6)	4-6 pm Sailfish Swim Teams Open Lanes (1-2)	Family Park Opening Weekend Saturday, May 28 Sunday, May 29 Monday, May 30 11 am-7 pm
5-6 pm MALE ONLY SWIM	5-6 pm Sailfish Swim Teams Open Lanes (1)	5-6 pm Sailfish Swim Teams/ Special Olympics Open Lanes (2)	5-6 pm Sailfish Swim Teams Open Lanes (1)	5-6 pm Sailfish Swim Teams Open Lanes (1)		
	6-8 pm Sailfish Swim Teams Open Lanes (2)	6-8 pm Sailfish Swim Teams Open Lanes (2)	6-8 pm Sailfish Swim Teams Open Lanes (2)	6-8 pm Sailfish Swim Teams Open Lanes (2)		
		9-10 pm MALE ONLY SWIM	9-10 pm FEMALE ONLY SWIM	6:30-7 pm Adult Group Lessons Open Lanes (1)		
Pool closes 6 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 6 pm	Pool closes 6 pm

JCC SMALL POOL SCHEDULE

JANUARY-MAY 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Pool opens 7:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 5:45 am	Pool opens 8 am
		8-9 am Aqua Walkout 1/2 pool		8-9 am Aqua Walkout 1/2 pool		Private swim lessons may use one-third of the small pool with lane ropes during open swim times.
9 am-1:30 pm Closed For Swim Lessons	10-10:30 am Group Lessons	9:30-10:45 am Early Childhood Group Swim	10-10:30 am Group Lessons	9:30-10:45 am Early Childhood Group Swim		
	10:45-11:30 am Shake, Splash & Roll (Adults Only Swim)	10:45-11:30 am SilverSplash (Adults Only Swim)	10:45-11:30 am Shake, Splash & Roll (Adults Only Swim)	10:45-11:30 am SilverSplash (Adults Only Swim)	10:45-11:30 am Shake, Splash & Roll (Adults Only Swim)	
	11:30 am-Noon Group Lessons	11:30 am-Noon Group Lessons	11:30 am-Noon Group Lessons	11:30 am-12:30 pm Group Lessons		
1:30-3 pm Occasional birthday parties	Noon-1 pm Arthritis Exercise 1/2 pool		Noon-1 pm Arthritis Exercise 1/2 pool	3-4 pm Group Lessons	Noon-1 pm Arthritis Exercise 1/2 pool	1:30-3 pm Occasional birthday parties
	3-4 pm Closed For Swim Lessons	4:30-5:15 pm Teen Center	3-7:30 pm Closed For Swim Lessons	4-5 pm Teen Center	4:30-5:15 pm Teen Center	
4-5 pm FEMALE ONLY SWIM	6-7 pm Closed For Swim Lessons	4:45-5:15 pm Clubhouse	7:30-8:15 pm Ai Chi 1/2 pool January 11-May 4	5-6:30 pm Closed for Swim Lessons	4:45-5:15 pm Clubhouse	For more information: Kellie Ayres Aquatics Director kayres@jccpgh.org 412-697-3546 Meryl Surks Assistant Director msurks@jccpgh.org 412-339-5429
5-6 pm MALE ONLY SWIM	7:30-8:15 pm Ai Chi 1/2 pool January 11-May 4	9-10 pm MALE ONLY SWIM	9-10 pm FEMALE ONLY SWIM			
Pool closes 6 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 10 pm	Pool closes 6 pm	Pool closes 6 pm